

Atlantic Pork and Provision, Inc.  
 Product Specification Sheet  
 Est. 4336

<b>Product Name:</b>	<b>Premium Old Fashioned Ham off the Bone with Natural Juices</b>
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<b>Nutrition Information</b>					
Serving Size		2 oz. (56g)			
Servings per container		Varied			
<b>Amount Per Serving</b>					
Calories		70			
Calories from Fat		25			
		Amount	% Daily Value		
Total Fat		3 g	5%		
Saturated Fat		1 g	5%		
Trans Fat		0 g			
Cholesterol		35 mg	12%		
Sodium		530 mg	22%		
Total Carbohydrate		3 g	1%		
Dietary Fiber		0 g			
Sugars		2 g			
Protein		9 g			
Vitamin A		0%	Vitamin C		0%
Calcium		0%	Iron		2%
* Percent Daily Values are based on a 2,000 calorie diet,					